

Swedish Body Massage

Our Swedish Body Massage is a stimulating full body massage. This massage relieves muscular stress and tension, improved blood flow and lymphatic drainage. **1 hour**

£45

Back Massage

Our stimulating Back Massage relieves muscular stress and tension in the neck and shoulders.

30 minutes

£25

Minarik Hot Stones Massage

Melt away as warmth radiates throughout your body. Minarik Hot Stones Massage releases tension and refreshes mind, body, and soul to leave you blissfully soothed and relaxed. **1 hour**

£55

Body Treatments

George at Minarik offers a comprehensive range of body treatments, including salt scrubs, detox and moisturizing wraps. **Details available on request**

Gift Vouchers

Gift vouchers are available in amounts to suit any budget ...
the ideal gift for someone special in your life!



GEORGE @ MINARIK

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dermalogica[®]
a skin care system researched and developed by The International Dermal Institute

GEORGE @ MINARIK

What is Dermalogica?

Dermalogica is a skin care system researched and developed by The International Dermal Institute, only available through professional skin centres, medical practices and spas with qualified skin care therapists on staff.

Skin care professional

George at Minarik is a skin therapist trained at The International Dermal Institute. Using Dermalogica products and Face MappingSM skin analysis, George specialises in unisex treatments which are customised to your skins current needs.

The treatment

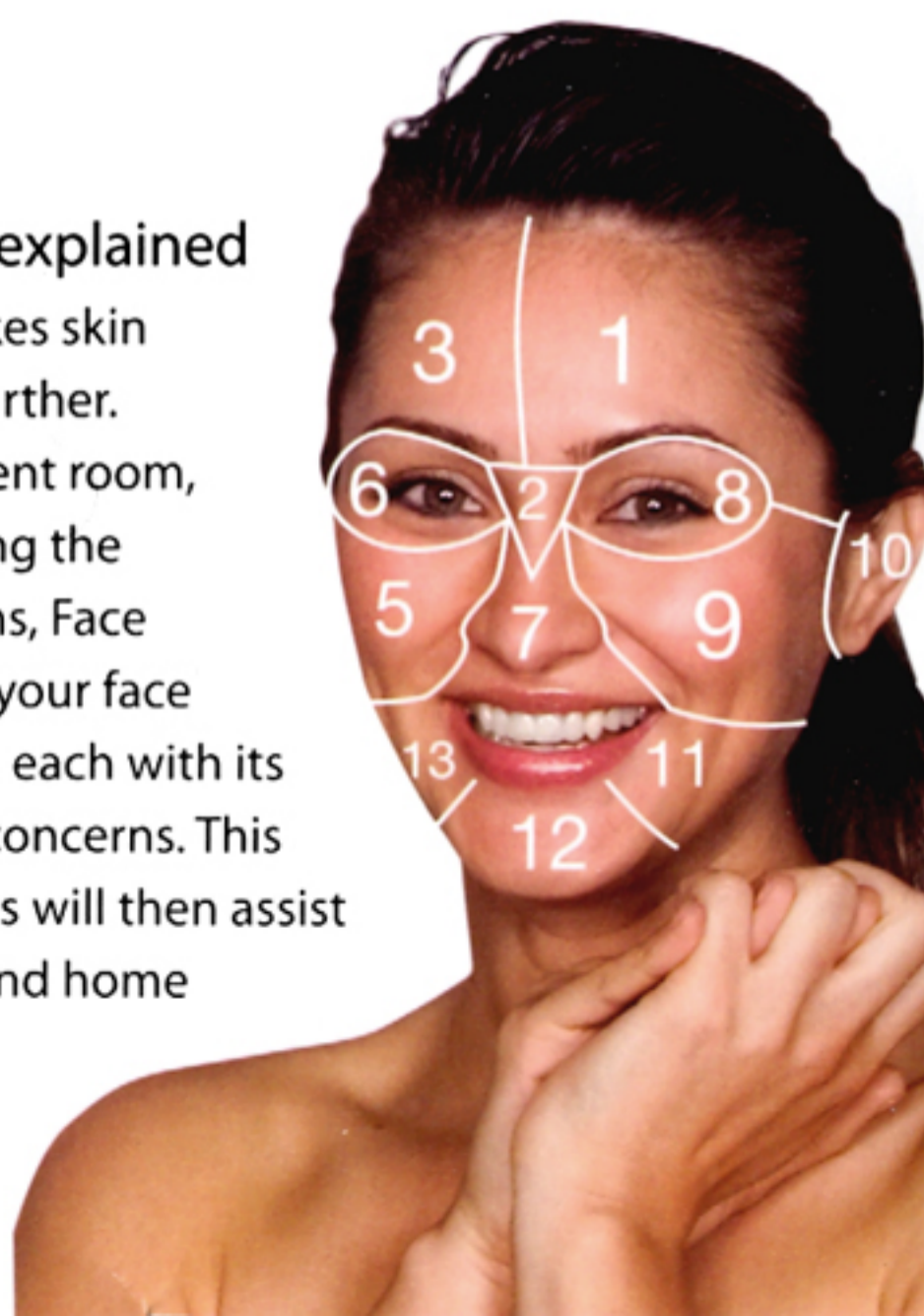
Based on your consultation and Face MappingSM your treatment may include a combination of some of the following:

- Deep Cleansing
- Exfoliation
- Extractions
- Treatment Masque (with complementary massages)
- Touch Therapies

Face MappingSM explained

Face MappingSM takes skin analysis one step further. Once in the treatment room, rather than analysing the skin in general terms, Face MappingSM divides your face into fourteen zones each with its own set of unique concerns. This inch by inch analysis will then assist in your treatment and home care prescription.

1 hour £40



Medicated Clearing Treatment

Breakouts have finally met their match! Medicated Clearing Treatment purifies your skin with deep cleansing followed by extractions. This is the ultimate in acne management. As well as targeting current blemishes, Medicated Clearing Treatment helps to prevent future breakout activity.

1 hour £40

Power Regeneration Treatment

Our anti-ageing treatment results in a healthy glow and clear complexion. Power Regeneration Treatment minimizes fine lines and promotes a more positive, relaxed expression. As the body's energies are rebalanced, you will experience a deep sense of relaxation.

1 hour 15 minutes £45

Environmental Control Treatment

If your skin is looking red, inflamed or feeling itchy, this is the treatment for you! Our super-soothing cleansing removes impurities from your skin. An oatmeal masque then settles the inflammation and reduces redness.

1 hour £45

Ultimate Air Spray Tanning

Full Body £25
Upper Body £15
Lower Body £12.50

St. Tropez Tanning Treatment

St. Tropez Tanning is widely recognized as the best sunless tanning system on the market. Our treatment also includes an exfoliation.

Full Body £40
Upper Body £25
Lower Body £18

Luxury Manicure

Our Luxury Manicure includes skin and nail cleansing, nail shaping, cuticle maintenance, skin exfoliation, and application of polish. A hand massage with heated mittens promotes a deeper penetration of oils. The treatment improves blood circulation and soothes stiff joints.

£22



Luxury Pedicure

Our Luxury Pedicure includes foot spa cleansing, nail shaping, cuticle maintenance, dry skin removal, skin exfoliation and scrub, and application of polish. A foot massage with heated booties promotes a deeper penetration of oils. The treatment improves blood circulation and soothes stiff joints.

£25

Australian Bodycare - TT Hy Wax System

Full Leg (including bikini) £25
Full Leg £22
Back/Chest £15
Half Leg £14
Underarm £9
Bikini £9

Eye Treatments

Eyelash Tint £14
Eyebrow Shape £8
Eyebrow Tint £6
Full Tint & Shape £16

Hopi Ear Treatment

Hopi Ear Treatment is an ancient natural therapy. A relaxing face and scalp massage relieves headaches and can help with common ear complaints.

30 minutes £25